

Classroom training: Manual Handling Refresher

To refresh and improve participant's current skills and knowledge in planning and performing safe work with Manual Handling in the wind industry. Additionally also to encourage safe behaviour whenever performing activities related to Manual Handling.



Relevant to

All who have already participated in Manual Handling training.



Class Size

Individual learning



Course Length

3.5 hours



Qualification

GWO Manual Handling



Location

La Muela - Zaragoza, Spain
Franklin - Wisconsin, USA
Them Silkeborg, Denmark



Validity

24 months

Course Description

- An introduction to the training to relay the nature and expectations of the course
- Legislation
- Medical self-assessment
- Risks and hazards
- Spinal anatomy and posture
- Planning lifts
- Risk control and lifting techniques
- Behavioural safety
- Practices in lifting
- Summing up and evaluation

Available in multiple languages



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